



Living Your Best with Early-Stage Alzheimer's: An Essential Guide

Lisa Snyder

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Living Your Best with Early-Stage Alzheimer's: An Essential Guide Lisa Snyder

Provides a thorough, practical guide on coping with the diagnosis, managing symptoms, finding meaningful activity, planning for the future, maintaining important relationships, participating in research, and much more. This book is a working guide to help the person with Alzheimer's feel empowered to move forward in life in light of this challenging diagnosis.

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