



Unclutter Your Life in One Week

Erin Rooney Doland

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Organization expert and founder of Unclutterer.com Erin Rooney Doland shows you how to declutter and simplify your surroundings, and create the stress-free life you deserve—in just one week.

Simplicity is revolutionary! Doland's down-to-earth approach and useful, innovative suggestions for tackling the physical, mental, and systemic distractions in your home and office will help you:

- Part with sentimental clutter
- Organize your closet based on how you process information
- Build an effective and personalized filing system
- Avoid the procrastination that often hinders the process
- Maintain your harmonious home and work environments with minimal daily effort
- And much more!

Includes a foreword from David Allen, bestselling author of *Getting Things Done*

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