



The New Tea Book: A Guide to Black, Green, Herbal, and Chai Tea

Sara Perry

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Tea is hot and getting hotter. In the New Tea Book, no leaf is left unturned. Discover the wide variety of teas that are available and their myriad health benefits, as well as over 50 recipes for cooking with tea: beverages, savories, and delectable sweets. This strikingly photographed volume takes readers on a visual journey exploring the riches of black, green, oolong, and herbal teas, from the fragrant, full-bodied Assam to the spirited and spicy Yunnan. An exciting addition is the completely new Personal Spa section, introducing a host of aromatherapy touches for the home with recipes for tea bath sachets, eye pillows, beauty soaps, and potpourris. Finally, a list of resources gives information on where to find interesting tea blends and equipment, not to mention author Sara Perry's favorite international teahouses. Here's just the right cup o' tea.

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Nathanael Ma:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them family or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity that's look different you can read a book. It is really fun for yourself. If you enjoy the book that you just read you can spent all day every day to reading a book. The book The New Tea Book: A Guide to Black, Green, Herbal, and Chai Tea it is rather good to read. There are a lot of people that recommended this book. These were enjoying reading this book. In case you did not have enough space to develop this book you can buy the particular e-book. You can m0ore effortlessly to read this book from a smart phone. The price is not very costly but this book has high quality.

Thomas Garrett:

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Randy Acevedo:

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