



# How to Handle Hard-to-Handle Preschoolers: A Guide for Early Childhood Educators

*Maryln Appelbaum*

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Early childhood educators know all too well how challenging and demanding pre-K children can be. But couple that with learning or behavioral disorders and teaching kids in the classroom can be even more of a challenge. *How to Handle Hard-to-Handle Preschoolers* is a user-friendly guide that provides early childhood teachers and administrators with a comprehensive overview of the most common kinds of behavioral disorders and learning disabilities in children ages two to five. This handy guide boasts hundreds of easy-to-implement strategies, tips, and techniques for managing behavioral disorders, from ADHD and bipolar disorder to Asperger syndrome and bullying tendencies. Each chapter covers one or more disorders and includes checklists to help educators better understand and manage hard-to-handle children.

Maryln Appelbaum, owner of Appelbaum Training Institute—which trains over 50,000 preschool educators each year in the United States—illustrates ways to help young children learn how to develop the ability to regulate their own behavior, replace negative behaviors with more positive ones, handle their emotions appropriately, succeed in the classroom and everyday life, and problem solve. This book is sure to empower both new and veteran teachers with the tools necessary to transform a negative, disruptive classroom into a positive environment for learning.

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