



Handbook of Sleep Medicine (Lippincott Williams & Wilkins Handbook Series)

Alon Y. Avidan MD MPH, Phyllis C. Zee MD PhD

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This pocket-sized handbook is a practical guide to the evaluation and management of sleep disorders. It is written by distinguished sleep medicine experts and covers a broad, multidisciplinary range of topics in neurology, pulmonary medicine, psychiatry, and pediatrics.

Chapters provide a broad introduction to sleep disturbances and associated comorbidities and discuss the major sleep disorders in terms of epidemiology, diagnostic criteria, differential diagnosis, assessment tools, management, and follow-up. Of special value are algorithms that provide a logical approach to evaluating sleep-related complaints. All chapters adhere to the new International Classification of Sleep Disorders (ICSD-2), which is outlined in an appendix with ICD-9 codes.

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