



# Evidence-Based Nursing: A Guide to Clinical Practice

*Alba DiCenso, Gordon Guyatt, Donna Ciliska*

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**Evidence-Based Nursing: A Guide to Clinical Practice** Alba DiCenso, Gordon Guyatt, Donna Ciliska  
Written in response to numerous requests by nurse practitioners and other graduate faculty for a nursing literature resource, this new two-color book is based on the Users' Guides to the Medical Literature: A Manual for Evidence-Based Practice by Dr. Gordon Guyatt and Dr. Drummond Rennie, published in 2001 by the AMA. Revised for the nursing audience, Evidence-Based Nursing is a reader-friendly, accessible guide that features plentiful examples from the nursing literature and the addition of specific nursing issues such as qualitative research, with direct application for clinical practice. Drs. DiCenso, Ciliska, and Guyatt are three of the leaders in the evidence-based nursing community and command worldwide recognition. Evidence-Based Nursing will enable nurses to frame their clinical questions in a way that will help them find and distinguish between strong and weak evidence; clearly understand study results; weigh the risks and benefits of management options; and apply the evidence to their individual patients to improve outcomes.

- This is the only book of its kind that helps nurses use the nursing literature effectively to solve patient problems.
- Three-step approach to dissecting a problem - to help find the best evidence and improve patient care, most questions can be divided into three parts: (1) Are the results valid? (2) What are the results? and (3) How can I apply the results to patient care?
- Part One - The Basics: Using the Nursing Literature provides a basic approach to the problems faced by nurses when determining optimal care, predicting patient progress, and protecting patients from potentially harmful side effects and includes a literature assessment summary and management recommendations.
- Part Two - Beyond the Basics: Using and Teaching the Principles of Evidence-Based Nursing expands on Part One, providing concrete examples through the presentation of cases.
- Two-part organization helps both beginners and those more accomplished at using the nursing literature.
- Clinical Scenario provides a brief but detailed description of a clinical situation that requires the application of research through a critical thinking process.
- Using the Guide examines a clinical scenario, and then evaluates the way in which research findings are collected, analyzed, and applied to the resolution of the problem presented in the scenario.
- Free CD-ROM contains everything found in the book, allowing for electronic outlining, content filtering, full-text searching, and alternative content organizations.

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