



# Memory Magic: Remember Names, Faces, Numbers, Events and Almost Any Information Easily

*Matt Taylor*

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Do you recognize people's faces but struggle to remember their names? Do you have to ask other people what your cell phone number is? Did you blank out trying to remember what you had to say while making a speech? Did you have to guess answers on your exam because you didn't recall what you studied the night before? You might find it convenient to blame these lapses on a bad memory. But unless you had an injury to your brain or had an illness, your memory can be sharpened with the techniques revealed inside Memory Magic: Remember Names, Faces, Numbers, Events and Almost Any Information Easily. Here are just some of the amazing things you'll discover: \* Foods that allow your brain to operate at its peak performance \* 2 requirements before going to sleep in order to remember information better \* The first thing you should do before memorizing anything \* Successful strategies to maintain your focus \* How to keep track of all your thoughts \* Terrific tips to intensify your motivation \* 7 powerful tactics to overcome forgetfulness and absentmindedness \* How to utilize your senses to boost your memory \* 11 extraordinary strategies to help you remember names and faces \* Super techniques to remember long strings of numbers \* How to recall an item from a chronological list \* How to develop a keen sense of direction \* How to recall addresses and places with ease \* Special tactics to remember occurrences and events \* How to organize your memory for easy retrieval of information \* How to remember facts better \* How to successfully memorize unrelated words Getting higher grades in school, remember all the people you meet, recalling facts and figures in your job, saving time looking for lost objects and impressing your friends with your sharp memory during your next party can all be possible with the techniques revealed inside Memory Magic: Remember Names, Faces, Numbers, Events and Almost Any Information Easily.

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