



Clinician's Guide to Treating Stress After War: Education and Coping Interventions for Veterans

Julia M. Whealin, Lorie T. DeCarvalho, Edward M. Vega

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Clinician's Guide to Treating Stress After War: Education and Coping Interventions for Veterans outlines clear strategies that mental health professionals can use to help war returnees become better able to negotiate common problems that diminish the quality of their day-to-day life. A powerful and practical resource, this guide assists professionals to increase each individual's sense of control over his or her life.



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