



What Is Love?: A Simple Buddhist Guide to Romantic Happiness

Taro Gold

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"*What Is Love?* is an inspirational handbook to happy, healthy, and fulfilled relationships. Reading it will uplift your spirit, clarify expectations, and open the door to the relationship of your dreams." –Cherie Carter-Scott, Ph.D., author of the number-one *New York Times* best-selling book *If Love Is a Game, These Are the Rules*

Why is it that love receives less instruction than the average driver's education class? We don't learn to drive by crashing until we get it right, but this seems to be how we learn about love.

Author Taro Gold offers simple, practical guidance-based on the universal principles of Buddhism-that can steer us through the twists and turns of love. By leading us first to become happy within, Buddhist teachings offer empowering advice on creating the romantic happiness of our dreams.

What Is Love? contains three sections:

Love and Illusion: The Outer Path (Searching Through the Fantasy)

Love and Reality: The Inner Path (Finding True Love Within)

Love and Life: The Middle Path (Creating Romantic Happiness Now)

Inspirational quotes are sprinkled throughout the text, enriched by full-color, Far East-inspired watercolors. Like an elegant bouquet of flowers, it's the perfect gift for Valentine's Day or any other special occasion.

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From reader reviews:

Christi Ross:

People live in this new day time of lifestyle always attempt to and must have the free time or they will get great deal of stress from both everyday life and work. So , whenever we ask do people have time, we will say absolutely yes. People is human not really a huge robot. Then we question again, what kind of activity are you experiencing when the spare time coming to anyone of course your answer may unlimited right. Then ever try this one, reading guides. It can be your alternative with spending your spare time, often the book you have read is usually What Is Love?: A Simple Buddhist Guide to Romantic Happiness.

Walter Taylor:

What Is Love?: A Simple Buddhist Guide to Romantic Happiness can be one of your starter books that are good idea. Most of us recommend that straight away because this publication has good vocabulary that will increase your knowledge in vocabulary, easy to understand, bit entertaining but nevertheless delivering the information. The article writer giving his/her effort to put every word into enjoyment arrangement in writing What Is Love?: A Simple Buddhist Guide to Romantic Happiness but doesn't forget the main point, giving the reader the hottest and based confirm resource facts that maybe you can be among it. This great information can drawn you into fresh stage of crucial considering.

Richard Osteen:

In this time globalization it is important to someone to receive information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information better to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You can view that now, a lot of publisher this print many kinds of book. Typically the book that recommended for your requirements is What Is Love?: A Simple Buddhist Guide to Romantic Happiness this e-book consist a lot of the information in the condition of this world now. This book was represented how does the world has grown up. The language styles that writer use to explain it is easy to understand. The writer made some investigation when he makes this book. That is why this book ideal all of you.

Mary Curtis:

Is it you who having spare time in that case spend it whole day by means of watching television programs or just telling lies on the bed? Do you need something new? This What Is Love?: A Simple Buddhist Guide to Romantic Happiness can be the response, oh how comes? The new book you know. You are consequently out of date, spending your free time by reading in this new era is common not a nerd activity. So what these guides have than the others?

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