



The Mirror Theory: The Way to Inner Peace, Resolution, and Transformation

Betsy Otter Thompson

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If you look into the mirror, what do you see? Yourself? No. A *reflection* of yourself. What if *all* the people in your life are emotional reflections of yourself? Would you see them differently?

In Betsy Otter Thompson's *The Mirror Theory*, a mysterious stranger shows up at a critical time in her life, to tell her the stories of Jesus' family members. Through these stories you will see how one of the greatest masters who ever lived learned from the reflection of those around him, and they learned from him. Each family member takes on a central characteristic: envy, blame, humility, anger, jealousy, etc. What emerges is a method for personal growth and improving relationships by accepting responsibility for one's own life and creation. We are either drawn to or repelled by the people who reflect the things we like or dislike about ourselves. Just as if we're looking into a mirror that reflects back our innermost emotions and beliefs.

This fascinating book is not only a chronicle of Jesus' life, but a spiritual journey into your own heart, whether or not you believe he had brothers or sisters. Here is a proven program for taking back your personal power. There are questions and exercises for using *The Mirror Theory* to help you apply the lessons taught in the book. Never has the message, "Love one another," been so clearly explained.

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Spent a free a chance to be fun activity to accomplish! A lot of people spent their free time with their family, or their friends. Usually they accomplishing activity like watching television, going to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Could be reading a book may be option to fill your free of charge time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the publication untitled The Mirror Theory: The Way to Inner Peace, Resolution, and Transformation can be excellent book to read. May be it might be best activity to you.

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A lot of people always spent their free time to vacation or go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent they free time just watching TV, or even playing video games all day long. If you want to try to find a new activity that's look different you can read any book. It is really fun for you. If you enjoy the book you read you can spent the entire day to reading a book. The book The Mirror Theory: The Way to Inner Peace, Resolution, and Transformation it is extremely good to read. There are a lot of people that recommended this book. These were enjoying reading this book. If you did not have enough space to deliver this book you can buy often the e-book. You can m0ore very easily to read this book from the smart phone. The price is not to cover but this book has high quality.

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Sophie Clark:

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