



Celtic Folklore Cooking

Joanne Asala

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A treasury of delectable recipes, *Celtic Folklore Cooking* by Joanne Asala will help you select foods to serve at your celebrations of the Sabbats and Esbats: the festivals and ritual times for Witches and Wiccans. It is also a terrific introduction to Celtic culture. The recipes in this book were gathered during four trips the author took to Ireland and Britain, as well as visits to Scotland and Wales. She searched for people who still cooked in the traditional of their ancestors, passing down recipes from generation to generation. The result is a book that is rich in Celtic tradition. And the foods are delicious any time, too!

Like a well-stocked larder, *Celtic Folklore Cooking* offers plenty of tempting choices for daily meals or special celebrations. Pick from more than 200 tasty traditional dishes, all nestled among colorful food-related proverbs, poems, tales, customs, and other nuggets of folk wisdom. Each recipe lists ancient and modern holidays associated with the dish so you can select the perfect fare to complement the season. Recipes include:

- Mushroom and Scallop Pie
- Heather Wine
- Pratie Oaten
- Beestings Pancakes
- Hot Cross buns
- Figgy Pudding
- Boxty on the Griddle
- Barm Brack
- Sweet Scones
- Scotch Eggs
- Colcannon
- Cockle Soup
- Flower Pudding
- Flummery
- Mead

The ancient Celts celebrated their Sabbats with music, dance, games, food, and drink. Whether you are a solitary practitioner or a part of a larger group, food and drink should always be a part of your festivities, rituals, and ceremonies. This book can be the key to a wide variety of foods that will make you the talk of the town!

If you are involved in Celtic traditions, this book is a must. If you simply like unique recipes for foods that are as tasty today as they were hundreds, even thousands of years ago, you'll want this book, too.



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Exactly why? Because this Celtic Folklore Cooking is an unordinary book that the inside of the book waiting for you to snap the item but latter it will surprise you with the secret the item inside. Reading this book adjacent to it was fantastic author who also write the book in such wonderful way makes the content inside of easier to understand, entertaining way but still convey the meaning fully. So, it is good for you for not hesitating having this any more or you going to regret it. This unique book will give you a lot of positive aspects than the other book get such as help improving your skill and your critical thinking technique. So, still want to hold up having that book? If I were being you I will go to the publication store hurriedly.

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