



Smoke & Spice: Recipes for Seasonings, Rubs, Marinades, Brines, Glazes & Butter

Valerie Aikman-Smith

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Unlock the secrets of fantastically flavoursome grills with Smoke and Spice. Whether you like your food fiercely hot or prefer gentler aromatic flavours, Valerie Aikman-Smith has created an enticing array of marinades, brines, butters, rubs and glazes to add flavour to your cooking, either outside on the grill or in your kitchen. Creative matching of seasonings help create exciting new taste sensations as well as tried and tested favourites from around the world. Nothing brings out the flavour in meat like a marinade, and it also tenderizes it and can keep it moist whilst cooking, too. Inspiration for Pork includes Sticky Smoky Baby Back Ribs and Blackberry and Sage Glazed Ham. Beef can be made even more mouth-watering when prepared with an African Smoke Rub or a Matahambre Marinade. Options for Lamb include a Pomegranate and Harissa seasoning or a Lavender Salt Rub, while, in the Poultry chapter, choose from Cherry-glazed Duck Skewers or Jamaican Jerk Chicken. For those who love the enticing aroma of grilled Fish, try Spiced Red Snapper with Chermoula or Grilled Lobsters with flavoured butters. Vegetarian options include Caramelized Beet Tatin with Marinated Goat's Cheese while recipes for Desserts feature a tempting Sozzled Apricot Bruschetta with Orange Liqueur Cream.

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