

# Asthma: A troubleshooting guide to common childhood ailments (The Everything® Healthy Kids Series)

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For parents, few experiences provoke more anxiety than the thought of a sick child. The Everything® Healthy Living Series is here to help. These concise, thoughtful guides offer the expert advice and the latest medical information you need to understand your child's ailments and provide the best possible care. Childhood illnesses are inevitable; the way you approach treatment is not.

Inside you'll find expert advice on recognizing asthma symptoms, seeking treatment, managing attacks, and identifying triggers. An asthma diagnosis can be frightening, but with proper guidance your child can lead a healthy and happy life.



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