



**Cartas para Claudia: Palabras de un
psicoterapeuta gestáltico a una amiga (Versión
Hispanoamericana) (Biblioteca Jorge Bucay)
(Spanish Edition)**

Jorge Bucay

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(Versión para México y Centroamérica) El autor decidió publicar las *Cartas para Claudia* por el interés que éstas despertaron entre sus allegados, colegas y amigos. Pero eso no quiere decir que hayan sido escritas para unos cuantos. Como Zulema Saslavsky afirma en su prólogo: “A él, como a mí, no le alcanzan las formas comunes de expresión, y entonces nos salimos del plano para encontrarnos en el camino de la vida haciendo caminos, infinitas formas de comunicar y dar lo que tenemos”.

El secreto del pensamiento de Bucay, puesto en evidencia en esta obra, es concebir al ser humano como un universo único, pero capaz de encontrarse con los universos de los demás y vivir a plenitud a través del reconocimiento mutuo, la riqueza expresiva y un proceso profundo de curación interior.

Sobre Jorge Bucay

Jorge Bucay es médico y psicoterapeuta gestáltico. Una amplia cultura sobre los mitos antiguos y una innegable sabiduría derivada de su propia vida confluyen en su obra, a la cual recurren miles de personas que desean comprender sus retos vitales y sobreponerse a las difíciles pruebas que imponen las circunstancias.

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