



# Outward Bound First Aid Handbook (Outward Bound Handbooks)

Peter Goth, Jeff Isaac

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### **Outward Bound First Aid Handbook (Outward Bound** Handbooks)

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For those taking part in outdoor activities, the ability to cope with accidents or serious illness is essential. Sponsored by the Outward Bound organization, this guide explains how to administer emergency first aid and care for a patient until professional medical help arrives.



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