



The Beauty Blueprint: 8 Steps to Building the Life and Look of Your Dreams

Michelle Phillips

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Have you lost touch with the woman you want to be? When you look in the mirror, do you see your authentic self? Perhaps the pursuit of success and physical beauty hasn't produced the rewards you've yearned for. In your 20s and 30s, you may have been caught up in your "getting years"-focused on getting a career, a husband, a home, and children. After years of sacrifice and goal-oriented living, you may realize that although you might have wanted everything you have . . . you don't have everything you want. Perhaps you've put your dreams aside and have lost touch with what makes you uniquely gorgeous. Are you ready to finally create your ultimate life and look? You don't need a makeover . . . you need a transformation! The Beauty Blueprint is a powerful and practical guide that will help you rediscover who you are from the inside out and reclaim the essence of what makes you beautiful. It's not just about changing your wardrobe, your hair, or your cosmetics; it's about embracing your true beauty and living authentically. Celebrity makeup artist and life coach Michelle Phillips reveals why looking good is merely a by-product of feeling great . . . and shows you how to do just that!

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