



Understanding Your One-Year-Old (The Tavistock Clinic - Understanding Your Child)

Sarah Gustavus-Jones

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How does the world look to a one-year-old? When your child doesn't have words to explain things to you, how can you begin to understand how she feels? How do you support and understand your very young child as his independence increases and he starts to become a toddler, beginning to learn to dress himself, share toys and play with other children? Acknowledging the crucial role of relationships and parenting, Sarah Gustavus Jones offers guidance and reassurance in this sensitive exploration of the issues central to your child's developing physical and emotional needs.

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