



# SEMRAD: The Heart of a Therapist

*Susan Rako, Harvey Mazer, Elvin V. Semrad*

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**SEMRAD: The Heart of a Therapist** Susan Rako, Harvey Mazer, Elvin V. Semrad

For the past half-century, Harvard trained psychiatrists who learned their art and skill from a genius have quoted his observations about life in their work with patients and in teaching others the practice of psychotherapy. Here is the unique and heralded collection of remarks by this extraordinary teacher, Dr. Elvin Semrad, originally recorded by Susan Rako and Harvey Mazer during residency-training at Harvard's Massachusetts Mental Health Center in the 1960's. "The book brings the reader a sense of closeness to the personal, informal aspects of this man who combined knowledge, gentleness, and strength in a most unusual way." -Otto Will, M.D.

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