

Animal Madness: How Anxious Dogs, Compulsive Parrots, and Elephants in Recovery Help Us Understand Ourselves

Laurel Braitman

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- **"Science Friday" Summer Reading Pick**
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"A lovely, big-hearted book...brimming with compassion and the tales of the many, many humans who devote their days to making animals well" (The New York Times).

Have you ever wondered if your dog might be a bit depressed? How about heartbroken or homesick? Animal Madness takes these questions seriously, exploring the topic of mental health and recovery in the animal kingdom and turning up lessons that Publishers Weekly calls "Illuminating...Braitman's delightful balance of humor and poignancy brings each case of life....[Animal Madness's] continuous dose of hope should prove medicinal for humans and animals alike."

Susan Orlean calls Animal Madness "a marvelous, smart, eloquent book—as much about human emotion as it is about animals and their inner lives." It is "a gem...that can teach us much about the wildness of our own minds" (Psychology Today).



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