



New Vegetarian Cuisine: 250 Low-Fat Recipes for Superior Health

Linda Rosensweig

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Author Linda Rosensweig brings to this book a love for and knowledge of vegetarian cooking. As a graduate of the New York Restaurant School, she mastered the basics of good nutrition and creative recipe development. Her work as the food research and development manager for four years at *Weight Watchers* magazine and the associate food editor at *Good Housekeeping* let her fine-tune her training. The innovative recipes in *New Vegetarian Cuisine* will satisfy longtime, new and part-time vegetarians.

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