



# Mixed-Media Self Portraits: Inspiration and Techniques

*Cate Coulacos Prato*

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## **Mixed-Media Self Portraits: Inspiration and Techniques** Cate Coulacos Prato

Featuring artwork from a wide range of contributors, this resource explores creative self-portraits through fun and easy exercises and essays that instruct and inspire artists working in all media. Examples of collage, fiber arts, and mixed-media artwork offer visual inspiration while essays throughout the book act as a guide to personal and artistic self-discovery. Step-by-step techniques and creative prompts are used to direct artists through different approaches to creating self-portraits while exercises utilizing collage, drawing, photography, and stitching will jump-start the creative process and get ideas flowing on paper and fabric, encouraging artists to express themselves in new ways.

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