



Minha vida comigo (Portuguese Edition)

Vânia Castanheira

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VÂNIA VIVIA SOTERRADA

POR TRABALHOS, DEVERES

E COMPROMISSOS QUE ESVAZIAVAM SUA ALEGRIA DE VIVER. Ao receber o diagnóstico de câncer poderia ter escolhido inúmeros personagens como o da “vítima” ou o da “paciente alienada”, que é “muito sensível” e a família cuida e decide o tratamento. Este livro traz a história da jovem mulher que em um solavanco pegou embalo, abandonando um personagem que pouco fazia sentido na sua vida. Vânia agarrou com todas as forças a personagem “Guerreira” e encarou a doença como uma etapa da vida enãocomoavidaemsi.Deuao câncer um papel coadjuvante e foi a protagonista da sua história. Cuidou da doença em busca de cura mas cuidou principalmente de si, do corpo, do bem-estar, do casamento e da sexualidade.

Seu motor propulsor é a vontade irradiante de viver e ser feliz e seu personagem é um sucesso pois é a sua essência, e o que vivia quietinho dentro dela ganhou o mundo!



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