



The Gift of Betrayal: How to Heal Your Life When Your World Explodes (In One)

Eve Wood

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You've been betrayed by a loved one. But, you are not alone. Join esteemed psychiatrist, relationship expert and prolific author, Eve A. Wood, M.D., in this life altering workshop. Learn how to heal your life after this horrendous experience. What feels like a curse is really a blessing in disguise. Eve ought to know. She's been there herself. And she's helped hundreds of others heal their lives after gut-wrenching betrayals. You too can climb out of the pit of despair and live your heart's desire. But you need to know how to do it. In this workshop, based on Eve's most recent book, *The Gift of Betrayal*, you will: - Learn and practice the 14 key lessons to heal your life - Take a series of specific action steps to create your heart's desire - Develop a personal transformation mission statement for continued self-healing at home. Discover the roles of anger, blame, forgiveness, personal history, mindset, friendship, attitude, belief, spirituality, sexuality, passion, hope, and faith in healing. Draw on sharing exercises, reflective techniques, guided imagery, writing, and cognitive, and behavioral interventions to find your own unique path to wholeness and joy. You can create a glorious future. You will be successful!

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