



Holly Clegg's Trim and Terrific Diabetic Cooking

Holly Clegg

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Holly Clegg's Trim and Terrific Diabetic Cooking Holly Clegg

Hundreds of recipes you'll swear are too good to be good for you! Holly Clegg has created a Trim & Terrific cookbook perfect for people with diabetes. Filled with over 250 diabetes-friendly recipes, it's packed with meals that are quick, easy, and delicious. Forget the hassle of diabetes menu-planning and rediscover the joys of great food. Effortless recipes, great food, and all of it in under 30 minutes or less --it doesn't get any easier than this!



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