



Group Counselling (Professional Skills for Counsellors Series)

Keith Tudor

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`Group Counselling is an exceptionally practical and useful guide for anyone involved, or anticipating involvement, in groupwork' - *Clive Lloyd, Therapeutic Communities*

This book provides a comprehensive examination of theories and concepts relating to group counselling and shows how differing theoretical frameworks can be used as a basis for practice.

Organized around the counselling process, the book considers the practicalities of establishing and running a group, raising awareness of its life cycle, its cultural location and many other diverse issues. Special emphasis is placed on the importance of therapeutic attitudes and philosophies as a basis for practice, and humanistic and existential approaches to group counselling are given particular attention. The author encourages readers to be aware of their conceptual framework and how it influences their work.

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