



**Freezer Meals: 30 days Make-Ahead Meals For Your Busy Family. 25 Simple And Money-Saving Recipes You Will Absolutely Love!: (Freezer Recipes, 365 Days ... for two, dump dinners cookbook) (Volume 1)**

*Samantha Webster*

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Freezer Meals 30 Day Make-Ahead Meals For Your Busy Family. 25 Simple and Money Saving Recipes You Will Absolutely Love If you're like a lot of people you spend a lot of time every day thinking about what you're going to feed your family. Yet, you're never really sure how you can go about making something that's going to be healthy (at least reasonably so), good tasting and quick (since no one has the time or energy to spend making meals for hours at a time. So what do you do? If you're like a lot of people you decide that quick is going to take preference over healthy (or maybe you're one of those really good parents that chooses healthy over quick). No matter what you choose you spend a lot of time attempting to figure out meals and that means you're not spending that time with your family. In this book we're going to talk about some ways that you can make sure you're spending more time with your family and a lot less time cooking meals (or trying to figure out what to cook). The best way that you can do that? Make ahead meals. So we're going to give you 25 of our favorite make-ahead meals that will allow you to spend just one day in the kitchen and the rest of the month no longer worrying about what's for dinner. Download your E book "Freezer Meals: 30 Day Make-Ahead Meals For Your Busy Family. 25 Simple and Money Saving Recipes You Will Absolutely Love" by scrolling up and clicking "Buy Now with 1-Click" button! Tags: Freezer Recipes, Freezer Cooking, Dump Dinners, Make Ahead, Slow Cooker, Quick Meals, Make Ahead, One Pot, Chicken, Baking, Meals For One, Meals For Two, Easy Recipes, Slow Cooker Recipe Book, Crock Pot Recipe Book, Dump Cake Recipes, Dinner Recipes.

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**Jodie Jennings:**

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