



A Return to Modesty: Discovering the Lost Virtue

Wendy Shalit

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Updated with a new introduction, this fifteenth anniversary edition of *A Return to Modesty* reignites Wendy Shalit's controversial claim that we have lost our respect for an essential virtue: modesty.

When *A Return to Modesty* was first published in 1999, its argument launched a worldwide discussion about the possibility of innocence and romantic idealism. Wendy Shalit was the first to systematically critique the "hook-up" scene and outline the harms of making sexuality so public.

Today, with social media increasingly blurring the line between public and private life, and with child exploitation on the rise, the concept of modesty is more relevant than ever. Updated with a new preface that addresses the unique problems facing society now, *A Return to Modesty* shows why "the lost virtue" of modesty is not a hang-up that we should set out to cure, but rather a wonderful instinct to be celebrated.

A Return to Modesty is a deeply personal account as well as a fascinating intellectual exploration into everything from seventeenth-century manners to the 1948 tune "Baby, It's Cold Outside." Beholden neither to social conservatives nor to feminists, Shalit reminds us that modesty is not prudery, but a natural instinct—and one that may be able to save us from ourselves.

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