



Why Do I Have To?: A Book for Children Who Find Themselves Frustrated by Everyday Rules

Laurie Leventhal-Belfer

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'If you want a child with Asperger's syndrome to comply with a social or family rule, it is very important to explain the logical reason to comply. Laurie's book provides the logic for compliance that will be invaluable for parents and teachers. I know this book will become regular bed time reading and be used many times at home and at school.'

- Professor Tony Attwood

'Dr. Laurie clearly understands how children with limited flexibility and difficulty coping think and respond. She has used her clinical experience to teach us how to help these children succeed. Dr. Laurie has provided a format, similar to Social Stories (TM), for reducing stress in daily life and for minimizing conflict stemming from unwritten or everyday rules. While there is no one solution for every child, the stories can be easily adapted for each child. She encourages children to be participants in determining solutions to their problems by providing simple, not simplistic, methods that work.'

-Teri Wiss, M.A., O.T.R./L., Director of Development is CHILD'S PLAY!

Why do I have to go to school before the show that I am watching is over? Why do I have to wear shoes and a jacket when I go outside? Rules like these can be really frustrating - but they don't have to be!

Why do I have to? looks at a set of everyday situations that provide challenges for children at home, with their friends, and at school. Laurie Leventhal-Belfer empathizes with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges and avoid feelings of frustration. This is the ideal book for children who have difficulty coping with the expectations of daily living, as well as for their parents and the professionals who work with them.

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Michael Wickham:

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Melissa Hopkins:

Nowadays reading books be than want or need but also become a life style. This reading addiction give you lot of advantages. The benefits you got of course the knowledge the rest of the information inside the book that improve your knowledge and information. The info you get based on what kind of book you read, if you want have more knowledge just go with schooling books but if you want really feel happy read one having theme for entertaining for instance comic or novel. The particular Why Do I Have To?: A Book for Children Who Find Themselves Frustrated by Everyday Rules is kind of reserve which is giving the reader unpredictable experience.

Brandon Justice:

Reading can called mind hangout, why? Because if you are reading a book especially book entitled Why Do I Have To?: A Book for Children Who Find Themselves Frustrated by Everyday Rules your brain will drift away trough every dimension, wandering in each and every aspect that maybe unidentified for but surely can be your mind friends. Imaging just about every word written in a publication then become one form conclusion and explanation that maybe you never get before. The Why Do I Have To?: A Book for Children Who Find Themselves Frustrated by Everyday Rules giving you an additional experience more than blown away your mind but also giving you useful facts for your better life on this era. So now let us demonstrate the relaxing pattern here is your body and mind will be pleased when you are finished reading through it, like winning a casino game. Do you want to try this extraordinary shelling out spare time activity?

Rosemary Robinson:

What is your hobby? Have you heard that question when you got college students? We believe that that concern was given by teacher with their students. Many kinds of hobby, All people has different hobby. And you also know that little person such as reading or as studying become their hobby. You need to know that reading is very important in addition to book as to be the issue. Book is important thing to add you knowledge, except your personal teacher or lecturer. You get good news or update regarding something by book. Many kinds of books that can you go onto be your object. One of them is this Why Do I Have To?: A

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