

Setting Limits with your Strong-Willed Teen: Eliminating Conflict by Establishing Clear, Firm, and Respectful Boundaries

Robert J. Edd Mackenzie

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From the bestselling Setting Limits series comes an invaluable guide for parents of strong-willed teenagers that explains how to effectively enforce discipline, encourage healthy growth, and create rewarding relationships with teens.

Parenting modern teenagers is an enormous challenge. Teens have always been prone to rebellion and limit-testing. But in today's world of Twitter and Facebook, enormous academic and extracurricular pressure, and corrosive media influence, raising a teen to be well-adjusted, respectful, and mature enough to make good decisions is tougher than ever. Fortunately, Setting Limits with Your Strong-Willed Teen offers powerful, time-tested tools for moving beyond traditional methods that wear parents down while getting nowhere, and zeroing in on what really works so parents can use their energy in more efficient and productive ways. By understanding how to draw clear limits without lapsing into punishment or permissiveness, parents will be able to foster good judgment, build stronger bridges of communication and mutual respect, and end destructive power struggles. This is an invaluable resource for anyone wondering how to effectively build a positive, respectful, and rewarding relationship with their teen.

In Setting Limits With Your Strong-Willed Teen, you will learn how to:

- -Understand your Strong-Willed Teen
- -Set firm and meaningful limits that your teen will respect
- -Motivate your teen to cooperate and communicate respectfully
- -Develop your own patience and a better tolerance for natural changes
- -Hold your teen accountable with instructive natural and logical consequences
- -Determine your teen's readiness for new freedoms and privileges
- -Teach your teen valuable lessons about character and trust
- · And much more!



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The experience that you get from Setting Limits with your Strong-Willed Teen: Eliminating Conflict by Establishing Clear, Firm, and Respectful Boundaries could be the more deep you excavating the information that hide inside words the more you get considering reading it. It doesn't mean that this book is hard to be aware of but Setting Limits with your Strong-Willed Teen: Eliminating Conflict by Establishing Clear, Firm, and Respectful Boundaries giving you excitement feeling of reading. The article author conveys their point in a number of way that can be understood simply by anyone who read the item because the author of this reserve is well-known enough. That book also makes your own vocabulary increase well. That makes it easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having this Setting Limits with your Strong-Willed Teen: Eliminating Conflict by Establishing Clear, Firm, and Respectful Boundaries instantly.

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Are you kind of occupied person, only have 10 or perhaps 15 minute in your day to upgrading your mind expertise or thinking skill even analytical thinking? Then you are experiencing problem with the book in comparison with can satisfy your short time to read it because this all time you only find book that need more time to be study. Setting Limits with your Strong-Willed Teen: Eliminating Conflict by Establishing Clear, Firm, and Respectful Boundaries can be your answer mainly because it can be read by an individual who have those short extra time problems.

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